

The Body



HEALTHY BOWLS

POWER OATS

33

oats / almond butter / greek yoghurt / honey

Rx GRANOLA

38

homemade granola / yoghurt / mix berries

PITAYA CHIA JAR

36

coconut milk / pitaya smoothie / tuile / raspberries

SANDWICHES

TURKEY HAM & CHEESE SANDWICH

34

ham / cheese / sourdough / mayonnaise

SMOKED CHICKEN & SRIRACHA SLAW SANDWICH

31

rye bread / smoked chicken / sriracha coleslaw / lettuce / tomato

FALAFEL & FETA WRAP

25

yoghurt tahini / harrisa mayonaise / tomato / pomegranate / feta

The Mind



BREWOLOGY

V60	35	CAPPUCCINO	24
MACCHIATO	22	FLAT WHITE	25
PICCOLO	22	LONG BLACK	21
LATTE	23	COLD BREW	26

ELIXIRS

SPANISH LATTE / ICED	29
<i>condensed milk / espresso</i>	
MATCHA LATTE / ICED	27
<i>matcha / milk</i>	
CHOCOLATE CURVE LATTE	28
<i>sea salt chocolate / almond milk / espresso</i>	
ORANGE PASSION	37
<i>freshly squeezed orange juice / passionfruit puree</i>	
GINGER BURN 4 oz	23
<i>ginger juice / lemon / honey</i>	
MYSTIC HUCKLEBERRY	34
<i>mystic soda / huckleberries</i>	

The Mind



HERBOLOGY

Avantcha Premium Tea

MOROCCAN MINT	18
ENGLISH BREAKFAST	18
CHAMOMILE COOLER	18

POTIONS

STILL WATER	7
SPARKLING WATER	10

The Soul



CAKE

PARKLANE CHEESECAKE ❤️ 29

vanilla biscuits / creamcheese

**The most famous cheesecake in Dubai!*

SOFTIES

PARKLANE CHEESECAKE SOFTIE 32

biscuits / raspberry

HAZELNUT SOFTIE 26

hazelnut / chocolate

PASTRIES

RED CROFTIE 34

red velvet & pistachio cookie / parklane softie

WAFFLE 19

waffle / maple syrup

WAFFLE SOFTIE 31

waffle / hazelnut softie / chocolate syrup / almond

WAFFLE SANDO 35

waffles / hazelnut softie / chocolate syrup / almond

The Soul



TRIPLE CHOCOLATE FUDGE COOKIE	16
RED VELVET & PISTACHIO COOKIE	15
CHOCO BRUSSEL COOKIE	15
MINI NUTELLA PILLOW COOKIE	5
ZAATAR & LABNA BABKA	20
CHOCOLATE FUDGE BABKA	22
APPLE CARAMEL MUFFIN	18
PLAIN CROISSANT	12
CHEESE CROISSANT	14
ZAATAR CROISSANT	15